

SENIOR'S DISCOUNTS - Worth knowing
They will not tell you, so ask!

Restaurants

- Applebee's: 15% off with Golden Apple Card (60+)
- [Arby's](#): 10% off (55+)
- Ben & Jerry's: 10% off (60+)
- Bennigan's: discount varies by location
- Bob's Big Boy: discount varies by location (60+)
- [Boston Market](#): 10% off (65+)
- Burger King: 10% off (60+)
- Captain D's Seafood: discount varies on location (62+)
- Chick-Fil-A: 10% off or free small drink or coffee (55+)
- Chili's: 10% off (55+)
- CiCi's Pizza: 10% off (60+)
- Culver's: 10% off (60+)
- [Denny's](#): 10% off, 20% off for AARP members (55+)
- Dunkin' Donuts: 10% off or free coffee (55+)
- [Einstein's Bagels](#): 10% off baker's dozen of bagels (60+)
- Fuddrucker's: 10% off any senior platter (55+)
- Gatti's Pizza: 10% off (60+)
- Golden Corral: 10% off (60+)
- [Hardee's](#): \$0.33 beverages everyday (65+)
- IHOP: 10% off (55+)
- [Jack in the Box](#): up to 20% off (55+)
- [KFC](#): free small drink with any meal (55+)
- [Krispy Kreme](#): 10% off (50+)
- Long John Silver's: various discounts at participating locations (55+)
- [McDonald's](#): discounts on coffee everyday (55+)
- [Mrs. Fields](#): 10% off at participating locations (60+)
- Shoney's: 10% off
- Sonic: 10% off or free beverage (60+)
- Steak 'n Shake: 10% off every Monday & Tuesday (50+)
- Subway: 10% off (60+)
- Sweet Tomatoes 10% off (62+)
- Taco Bell: 5% off; free beverages for seniors (65+)
- TCBY: 10% off (55+)
- Tea Room Cafe: 10% off (50+)
- Village Inn: 10% off (60+)
- Waffle House: 10% off every Monday (60+)
- Wendy's: 10% off (55+)
- [White Castle](#): 10% off (62+)

Retail and Apparel

- [Banana Republic](#): 10% off (50+)
- [Bealls](#): 20% off first Tuesday of each month (50+)
- Belk's: 15% off first Tuesday of every month (55+)
- [Big Lots](#): 10% off
- [Bon-Ton Department Stores](#): 15% off on senior discount days (55+)
- [C.J. Banks](#): 10% off every Wednesday (60+)
- Clarks : 10% off (62+)
- [Dress Barn](#): 10% off (55+)
- Goodwill: 10% off one day a week (date varies by location)
- [Hallmark](#): 10% off one day a week (date varies by location)
- [Kmart](#): 20% off (50+)
- [Kohl's](#): 15% off (60+)
- [Modell's Sporting Goods](#): 10% off
- [Rite Aid](#): 10% off on Tuesdays & 10% off prescriptions
- Ross Stores: 10% off every Tuesday (55+)
- The Salvation Army Thrift Stores: up to 50% off (55+)
- Stein Mart: 20% off red dot/clearance items first Monday of every month (55+)

Grocery

- Albertson's: 10% off first Wednesday of each month (55+)
- American Discount Stores: 10% off every Monday (50+)
- Compare Foods Supermarket: 10% off every Wednesday (60+)
- DeCicco Family Markets: 5% off every Wednesday (60+)
- Food Lion: 6% off every Monday (60+)
- Fry's Supermarket: free Fry's VIP Club Membership & 10% off every Monday (55+)
- Great Valu Food Store: 5% off every Tuesday (60+)
- Gristedes Supermarket: 10% off every Tuesday (60+)
- Harris Teeter: 5% off every Tuesday (60+)
- Hy-Vee: 5% off one day a week (date varies by location)
- Kroger: 10% off (date varies by location)
- Morton Williams Supermarket: 5% off every Tuesday (60+)
- The Plant Shed: 10% off every Tuesday (50+)
- Publix: 5% off every Wednesday (55+)
- Rogers Marketplace: 5% off every Thursday (60+)
- Uncle Giuseppe's Marketplace: 5% off (62+)

Travel

- [Alaska Airlines](#): 10% off (65+)
- [Alamo](#): up to 25% off for AARP members
- [American Airlines](#): various discounts for 65 and up (call before booking for discount)
- [Amtrak](#): 15% off (62+)
- [Avis](#): up to 25% off for AARP members
- [Best Western](#): 10% off (55+)
- [Budget Rental Cars](#): 10% off; up to 20% off for AARP members (50+)
- Cambria Suites: 20%-30% off (60+)
- [Clarion](#): 20%-30% off (60+)
- [Comfort Inn](#): 20%-30% off (60+)
- [Comfort Suites](#): 20%-30% off (60+)
- Continental Airlines: no initiation fee for Continental Presidents Club & special fares for select destinations
- [Dollar Rent-A-Car](#): 10% off (50+)
- [Econo Lodge](#): 20%-30% off (60+)
- [Enterprise Rent-A-Car](#): 5% off for AARP members
- Greyhound: 5% off (62+)
- Hampton Inns & Suites: 10% off when booked 72 hours in advance
- [Hertz](#): up to 25% off for AARP members
- [Holiday Inn](#): 10%-30% off depending on location (62+)
- Hyatt Hotels: 25%-50% off (62+)
- [InterContinental Hotels Group](#): various discounts at all hotels (65+)
- [Mainstay Suites](#): 10% off with Mature Traveler's Discount (50+); 20%-30% off (60+)
- [Marriott Hotels](#): 15% off (62+)
- [Motel 6](#): 10% off (60+)
- Myrtle Beach Resort: 10% off (55+)
- National Rent-A-Car: up to 30% off for AARP members
- [Quality Inn](#): 20%-30% off (60+)
- [Rodeway Inn](#): 20%-30% off (60+)
- [Sleep Inn](#): 20%-30% off (60+)
- [Southwest Airlines](#): various discounts for ages 65 and up (call before booking for discount)
- Trailways Transportation System: various discounts for ages 50 and up
- United Airlines: various discounts for ages 65 and up (call before booking for discount)
- U.S. Airways: various discounts for ages 65 and up (call before booking for discount)

Activities & Entertainment

- [AMC Theaters](#): up to 30% off (55+)
- [Bally Total Fitness](#): up to \$100 off memberships (62+)
- Busch Gardens Tampa: \$3 off one-day tickets (50+)
- Carmike Cinemas: 35% off (65+)
- Cinemark/Century Theaters: up to 35% off
- U.S. National Parks: \$10 lifetime pass; 50% off additional services including camping (62+)
- Regal Cinemas: 30% off
- Ripley's Believe it or Not: @ off one-day ticket (55+)
- SeaWorld Orlando: \$3 off one-day tickets (50+)

Cell Phone Discounts

- AT&T: Special Senior Nation 200 Plan \$29.99/month (65+)
- [Jitterbug](#): \$10/month cell phone service (50+)
- [Verizon Wireless](#): Verizon Nationwide 65 Plus Plan \$29.99/month (65+)

Check out our [Secret Cell Phone Discounts](#) to view all cell phone discounts available to you!

Miscellaneous

- Great Clips: \$3 off hair cuts (60+)
- Super Cuts: \$2 off haircuts (60+)

Since many senior discounts are not advertised to the public, our advice to men and women over 55 is to ALWAYS ask a sales associate whether that store provides a senior discount. That way you can be sure to get the most bang for you buck.